

## Oldways African Heritage & Health Ambassador Agreement and Expectations

I, \_\_\_\_\_ (name) make a commitment to:

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- Act as a representative of Oldways, communicating the mission of the organization and the African Heritage & Health Program in the utmost positive ways on social media, at events, venues, in classes, and when engaging with community;
- Teach a minimum of one A Taste of African Heritage class series a year;
- Utilize the stipends for the benefit of the class series;
- Administer all health measurements and surveys within those class series;
- Submit ALL paperwork within two weeks of finishing each class series;
- Provide community engagement outside of the class series (e.g. hosting African Heritage Diet workshops or one-day cooking demos, bringing AH&H literature to local community sites, staging a local health fair booth, etc.);
- Seek out additional community resources to support community engagement when necessary;
- Make the most of the exclusive materials and tool kits; and
- Have an Ambassador biographical profile featured on the Oldways website.

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Signature \_\_\_\_\_

Date \_\_\_\_\_

\*If you agree to the expectations above then you are inherently agreeing to be an A Taste of African Heritage Ambassador with Oldways.

