

# ISTANBUL, TURKEY: A GASTRONOMIC CROSSROADS

*Travel to Istanbul with Oldways and Chef Ana Sortun*

March 17-24, 2007

## REGISTRATION FORM

Please complete the information below as you would like it to appear in the Program Roster:

Name (as it appears on passport): \_\_\_\_\_

Passport #: \_\_\_\_\_ Date of issue: \_\_\_\_\_ Place of issue: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Business) \_\_\_\_\_ Fax: \_\_\_\_\_

Email address: \_\_\_\_\_

Roommate name: \_\_\_\_\_ Passport #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_

In case of emergency notify: \_\_\_\_\_ Phone: \_\_\_\_\_

### Land only package: \$2,969\*

\*For help booking your air travel, please contact us.

**Full payment is due February 1, 2007.**

Please send a deposit of \$250 per person for \_\_\_\_\_ person(s) to reserve your space to:

Oldways Preservation Trust at 266 Beacon Street, Boston, MA 02116

Land only (based on double occupancy)  Single Room Supplement: \$409

Method and amount of payment: Check enclosed: \$ \_\_\_\_\_ OR Credit Card: \$ \_\_\_\_\_

Amex:  Mastercard:  Visa:  Number: \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_

Your deposit shall be deemed consent to the price, features, and terms as detailed in the itinerary and the **Terms and Conditions** on the next page.

Please return this form by mail, email or fax to:

**Oldways Preservation Trust**  
266 Beacon Street, Boston, MA 02116  
Fax: 617.421.5511  
Tel: 617.896.4811

Questions? Contact Lauren McGuire

E-mail: [lauren@oldwayspt.org](mailto:lauren@oldwayspt.org)

## **TERMS AND CONDITIONS**

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### **Program Fee Inclusions**

All breakfasts, group lunches and dinners, tours and bus transport for tours. Accommodations in double rooms.

### **What is not included in the Program Fee?**

Non-refundable passport fees, excess baggage charges, optional excursions, extensions, meal not detailed in itinerary, tips to tour escort and long distance bus driver, expenses incurred during free time periods, airport taxes that are collected on the spot in foreign airports, departures taxes, airport fees, airline and federal security fees and ticket handling fees, surcharges due to changes in currency, any mandatory new or increased fees/taxes/fuel surcharge (if any) levied on airline tickets, hotels, transportation, land services or at ports of entry/exit after January 1, 2006.

### **Land package**

Travel program begins after you arrive at the first hotel accommodation. Travelers must make their own round trip travel arrangements and join the program at the first hotel accommodation. Oldways is not responsible for the participant in any way when the participant is not part of the main group.

### **Changes in Itineraries and Program Assignment**

Oldways reserves the right to make changes in fees, departure cities, itinerary sequence, trip direction, hotels, optional excursions, and activities. Oldways make cancel a program due to insufficient enrollment, unforeseen operational difficulties, lack of projected availability or any other reasons.

### **Luggage**

Due to airline and bus restrictions the limit is 44 lbs per person, which includes one suitcase and one small carry-on item. Luggage travels at the risk of the participant, and Oldways is not responsible for any delay of, loss or damage to it or its contents. Airlines are strictly adhering to their policy of one carry-on bag. Please check with the air carrier directly for their specific baggage liability limitation. Airlines are not responsible for any act or event during the time the participants are not on board their planes or conveyances. The participant's contract in use by the airline, when issued, shall constitute the sole contract between the airline and the participant. Any and all transportation companies mentioned herein shall have or incur no responsibility for liability to any traveler aside from their liability as common carriers.

### **Cancellations**

The \$250 deposit is non-refundable. Between 16-30 days prior to departure, 75% of the total tour price is forfeited, plus the deposit. Within 15 days of departure, no refund is available.

### **Waiver**

Participants waive and release Ana Sortun and Oldways, its affiliates, agents, directors, officers, and employees and including any person or entity employed or utilized by Oldways in any foreign country, from all claims arising from any injury, loss, damage, accident, delay, or expense resulting from events beyond its control, including without limitation, acts of God, war, terrorism, strikes, incidents of politically-motivated violence, sickness or quarantine, government restrictions or regulations, and, in the absence of its own gross negligence, arising from the use of any vehicle or from Oldways selection of, or from any act or omission by any bus or car rental agency, steamship, airline, railroad, taxi or tour service, hotel service, hotel, restaurant, school, university, or other firm, agency, company or individual.

### **About Oldways**

Oldways is the nonprofit food issues think tank that developed the Mediterranean Diet Pyramid in 1993, and is responsible for olive oil having boomed into America's consciousness. Oldways has also changed the way many chefs, food writers, scientists and journalists think about the many connections between food, health and eating pleasures. K. Dun Gifford is Founder and President, and Sara Baer-Sinnott is Executive Vice President.

Oldways' current projects include persuading Americans to purchase and eat more whole grains, encouraging individuals to manage their hard-wired survival instinct for sweetness, teaching Americans to learn to love good traditional cheeses, and finishing a book celebrating the "old ways" of enjoying food and drink.