

Evolution of Canned Food



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Canned Fruits and Vegetables, a Traditional Diet

Traditional diet: A pattern of eating and drinking reflecting a particular culture, country or custom, many handed down from generation to generation

- Traditional diets have the following qualities:
 - Identified by the foods traditionally grown, raised, produced, and/or cooked in a region or local area.
 - Minimally processed and mostly free of chemical preservatives, additives, and chemically-altered fats such as hydrogenated fats and solvent-extracted oils.
 - Minimal processing: traditional processes used to make food edible, preserve it, or make safe
- Traditional diets offer "health through heritage" to today's consumers:
 - An excellent way to revitalize, re-learn, and enjoy centuries-old healthy food traditions.
 - Offer modern-day consumers a cultural model for healthy eating that is usually largely plant-based.

Starts on the Farm, then and today

- Our community of farms stretches thousands of acres from coast to coast.
- On average, our produce travels less than 100 miles from farm to gate.
 - 95% is grown in the US
 - Largest distributor of locally grown fruits/vegetables.
- Our own seed program, since 1923 85+years,
 - Allows us to develop varieties that require less water & pesticides to produce; unparalleled in the vegetable industry.
- 100% Integrated Pest Management for over 40 years.
 - IPM allows farmers to use less pesticide
- Use only non-GMO varieties





Recipe Ready and Nutritious

- Traditionally proven to be just as nutritious at the plate
- Convenience
 - Cut, cooked, ready to eat
- Variety of all forms
 - More textures, flavors and options
 - Del Monte offers about 200 products from almost 40 different types of healthful fruits, vegetables and tomatoes – most of which are packed the same day

they are picked.

- Continuous Quality
 - Flavor, cut, size, texture
- Never Wasted





PBH and CFA Surveys

- 85% believe frozen vegetable/fruits are healthy
- ONLY 26% believe canned vegetable/fruits are healthy.
 - 46% of Americans realize that canned foods count towards the USDA Dietary Guidelines.
 - 45% of Americans don't know canned foods can be low in sodium.
 - 60% of Americans think canned foods require preservatives.





Health through Heritage

- SuperMarket Guru panel
 - 58% want to see healthy foods displayed more prominently!
 - 52% want to see their stores call out healthy foods at the shelf
 - 49% would like help in budgeting healthier foods
- Educate your customers on the facts and tradition of the "All Forms" of Fruits and Vegetables message
- Make them proud of their heritage.
- Show them how to eat:
 - Quickly
 - On a Budget
 - Healthy
 - Half a plate of fruits and vegetables



