



OLDWAYS
PRESERVATION TRUST

The food issues think tank – promoting healthy, traditional and sustainable food choices

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Oldways, the nonprofit food issues advocacy group, offers comments from President Dun Gifford on the New York City Ban of Trans Fats in Restaurants:

Oldways President Dun Gifford is available to talk with the media on the following topics:

- Do we need trans fats to have great tasting food?
- Does the New York City ban go too far?
- Are we likely to see other cities follow suit?
- What are the pros and cons behind this ban?
- What is the Oldways point of view on the possible New York calorie display rule?
- Is calorie counting a good method for restaurants?

Oldways is a widely respected nonprofit food issues advocacy group praised for translating the complex details of nutrition science into the familiar language of food, and changing how Americans think about traditional, healthy food. *The Oldways Table: Essays & Recipes from the Culinary Think Tank*, by K. Dun Gifford and Sara Baer Sinnott, Oldways' first book, is available for purchase on our website www.oldwayspt.org, and at Amazon.com. *The Oldways Table* explains the Oldways philosophy of harmonious traditional food patters, sustainable agriculture, and healthy eating and drinking. This exciting, readable and useful book is also filled with outstanding contributions from friends of Oldways around the food world, including noteworthy chefs, food writers, nutritionists, sustainability experts, and industry specialists.

To arrange for an interview with Oldways Founder and President Dun Gifford, please contact Lauren McGuire, Media Associate, at 617-896-4811 or Lauren@oldwayspt.org.

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