

A TASTE OF AFRICAN HERITAGE

TEACHER REFLECTIONS AND EVALUATION

LESSON 1: HERBS & SPICES

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

- **Physical Health Measuring** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments? Any interesting comments from the class participants?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent

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LESSON 2: GREENS

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent

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LESSON 3: WHOLE GRAINS

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent

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LESSON 4: BEANS & RICE

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent

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LESSON 5: TUBERS & MASHES

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent

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TEACHER REFLECTIONS AND EVALUATION

LESSON 6: FRUITS, VEGGIES, & HEALTHY LIFESTYLE

Teacher's Name: _____

Pilot Site: _____

How would you rate this lesson overall? 1---2---3---4---5

Please rate the success of the following lesson components from 1 - 5:

- **Teacher's Script** 1---2---3---4---5

What would you change? _____

- **Recipes** 1---2---3---4---5

What would you change? _____

- **Lesson Handouts** 1---2---3---4---5

What would you change? _____

- **Key Messages** 1---2---3---4---5

What would you change? _____

- **Physical Health Measuring** 1---2---3---4---5

What would you change? _____

What was the easiest part of this lesson to teach? _____

What was the hardest part? _____

How many people attended class? _____

Any other comments?

Rating scale:

1=Poor

2=Fair

3=Good

4=Very Good

5=Excellent